

APRIL

Matias Newsletter

Humility Before Honor



Self Control: The ability to regulate one's emotions, thoughts, and behavior in the face of temptations and impulses.

Hello MMA families,

Im so proud of all my students and their hard work. Congratulations on your promotion, everyone did an awesome job. Im so impressed to see all the improvement. Keep up the self discipline and continue to practice at home.

MMA is hosting Neon Color week: April 10th-14th, Students are welcome to wear anything Neon colored. It's a fun way to get out of dress code. All students who participate will receive a star patch. Have fun, be creative.

Bring a buddy to karate April 24th. Bring a friend and share with them your sport, and earn a star patch. The best compliment we can receive is a referrals from our current MMA students. If your buddy signs up, you will receive a sweater. We have buddy day cards. See front desk.

Competition Day is April 19th. Be sure to practice your Poomsae, kicking combos, and push ups at home. I will be handing out one patch for each skill/best in class. Students compete during their class time.

Friendly reminder: Tuition is due before the 10th of each month, after the 10th a late fee of \$25.00 will be applied. We offer auto pay, see front desk to get auto pay form. If tuition is paid at front desk a \$10.00 fee will be applied.

MMA is offering a tumbling class with coach Toby. Registration at the front desk is required to participate.

Tuesdays 3:45-4:30 Age 10+

Thursdays 3:35-4:30 Age 5-9

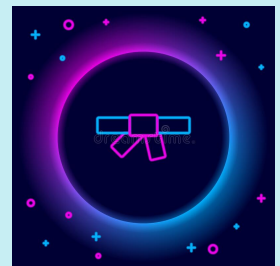
Summer Camp= Now accepting enrollment, enrollment is limited.

Closed April 7th

Competition April 19th



Buddy Day. April 24th



Neon theme
10th-14th



Summer Camp