

NEWSLETTER

HUMILITY BEFORE HONOR



MMA EVENTS

- Ninja Warrior Day
Feb. 18th
- Buddy Week
Feb. 23rd – 27th
- Valentine's Week
Feb. 9th – 13th

CLOSED Feb. 16th

Thank You for an Incredible January!

Thank you for making January a fantastic kickoff to the new year. The month was filled with excitement and accomplishments, as we welcomed new TKD competition team members who competed in their first and second tournaments, returning home with medals. All of our TKD students achieved promotions to new belt rankings, with a special congratulations to Eric for earning his Jr. Black Belt. The hard work of all our students is truly paying off.

Upcoming Fundraiser Event

MMA will be hosting a special event and fundraiser for our competition team. Join us for a Movie Night on Valentine's Day! Students can be dropped off at 5 PM, and pick-up will be at 9 PM. The evening will be packed with fun games, pizza, treats, and a movie. This event is a wonderful way to celebrate Valentine's Day, allowing kids to enjoy time with friends while parents take a night out. The cost is \$50, with discounts available for multiple children. All proceeds will support our competition team and equipment. Sign up at the front desk, as space is limited.

Best Wishes to Ruby

MMA would like to extend our best wishes to Ruby as she attends the USA Boxing youth selection camp. Ruby will spend three weeks at the Olympic Training Center, and if selected, she will travel with Team USA to Thailand, proudly representing herself and our country. We will keep you updated on her progress through our social media channels.

Welcome Coach Christian Mendez

I am pleased to welcome Christian Mendez to our coaching staff. Coach Chris will be our new MMA and fitness boxing coach. He has impressive achievements, including wins in Jiu Jitsu tournaments, where he holds a blue belt rank, as well as being the WAKO California champion. I look forward to witnessing the growth that his addition will bring to our team.

Respect

Due regard for the feelings, wishes, rights, or traditions of others. Respect starts with valuing yourself, building confidence, and setting boundaries, which enables you to expect and give respect to others.

